

Feb.-April 2019



THE VILLAGE
AT INCARNATE WORD

The View

A PUBLICATION FOR RESIDENTS, STAFF, FAMILIES, AND FRIENDS
OF THE VILLAGE AT INCARNATE WORD

2019

Champagne & Shamrock

Gala



Thursday, March 21, 2019

Honoring

The Congregation of the Sisters of Charity
of the Incarnate Word and
Rosemary Kowalski and Family

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DEVELOPMENT

TVIW announces the 2019 Champagne and Shamrock honorees. Save the date for this March 21 event.

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YOU'RE INVITED

See what activities are coming up in the next several months, including the annual Day of Remembrance ceremony.

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RESIDENT NEWS

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COMMUNITY OUTREACH

Giving back to the community in style! The thrift shop's Fall Fashion Show was a hit!

CEO's Message

Dear TVIW Friends:

A new year brings with it a time for reflection, course adjustments and new beginnings. I am grateful for the opportunity to reflect on the success of the previous year at The Village at Incarnate Word. During 2018 The Village took strides with new construction projects and care initiatives in order to enhance our focus on our residents and community outreach programs. As we worked through those projects and initiatives, we faced many obstacles that seemed overwhelming; however, we overcame those challenges by remaining patient, working with our partners and remaining steadfast to our mission to extend the healing ministry of Jesus Christ to all those we serve. And to the credit of The Village staff, they took on these challenges, and while doing so, never lost focus on our residents and the services they deserve. A true mission moment! Here in 2019 our construction is 99% complete and I recently signed the Substantial Completion letter with our construction partner, Guido Construction Company. I look forward to the coming weeks and seeing the final stages of our construction completed.

I have a new perspective on responding to challenges and adversity as I have learned about The Village's sponsor, the Congregation of the Sisters of Charity of the Incarnate Word. I recently spent the morning with Sister Eleanor Geever at the CCVI Heritage Center where she educated me on the history, past ministries and current ministries of The Sisters of Charity of the Incarnate Word. As I listened to Sr. Eleanor I was amazed by the sisters' spirit of determination in the face of hardships and adversity faced over the years. It is apparent in their history that with imagination, vision, and determination, that The Sisters of Charity of the Incarnate Word have cultivated and grown a congregation that has, and continues, to positively impact people around the world. I know that the sisters' determination motivates us at The Village as we are proud to carry on their tradition of caring and charitable giving.

Since The Village's founding in 1988, our community has been a leader in retirement living. Retirement living is a dynamic business as it continually responds to changes driven by our growing number of retirees and their preferences. As a community we are determined to respond to market changes and continue as an industry leader while working to become the premier retirement community in San Antonio. That may sound like a big challenge indeed, but I believe with imagination, vision and determination, it can and will happen. As we look to 2019 there are many challenges before us but also many opportunities to overcome those challenges through collaboration with our co-ministries, other non-profits and our current partners.

Lastly, in the spirit of thanking our partners, we at The Village would like to thank our board of trustees, committee members, volunteers and most importantly our residents and our residents' family members for their support through 2018. As we continue our current path to become San Antonio's premier retirement community, we are mindful of the impact of your generosity. You are invaluable to our community.

On behalf of The Village at Incarnate Word, Happy New Year and best wishes to all for a happy and healthy 2019!

Sincerely,
Paul Harrison
Chief Executive Officer



Paul Harrison
Chief Executive Officer

Living our mission

Having an attitude of gratitude

By Sr. Shirley Vaughn

Mission Integration Director

As I consider the upcoming Champagne and Shamrock Gala, my heart is filled with gratitude. I am grateful to the Gala Committee of our Board of Trustees and other volunteers for the many hours of planning and pleading they have given to offer a successful event. I am also grateful to Roland Mazuca, Paul Harrison and other employees of The Village at Incarnate Word for their leadership and hard work leading up to the Gala. I am grateful to those who sponsored tables or bought tickets, to those who donated gifts to the live and silent auctions and the raffles. A huge THANK YOU! is due to all of the above.

I am grateful for this year's Gala honorees: Rosemary Kowalski, who once told an interviewer, "I never planned for things to work out the way they've worked out, I just loved being in a business where we could help people on some of the most memorable days and occasions of their lives have everything just perfect." What struck me in that quote was her love for serving others. It also reminded me of a statement made by St. Paul in his letter to the Christians of Rome: "We know that all things work for good for those who love God, who are called according to his purpose." (8:28) She didn't plan to become a prominent figure

in San Antonio's history, but her belief that "There are three (things) that can make anybody's business, and that's work, and (saying) please and thank you," as well as her determination to "always show grace and gratitude, even through the hard times." She opened her heart to the gifts and accomplishments God planned for her.



Our second honoree, or group of honorees, also fills my heart with gratitude. Beginning with those first three young French women who arrived in San Antonio to open the Santa Rosa Infirmary, knowing before they left Galveston that the structure that was to house them and their ministry had been destroyed by fire, the Sisters of Charity of the Incarnate Word have shown a resiliency and devotion in serving Jesus Christ, present "in the multitude of sick and infirm of every kind" for 150 years! Recognizing the human and spiritual needs of the people around them and those far away led to opening orphanages, numerous hospitals (many at the request of railroad companies),

schools in several states of the U.S. and Mexico, missions in Peru and Zambia, outreach centers on the west side of San Antonio, in mid-Missouri, Mexico and in Africa through Women's Global Connection, transitional housing for homeless women and children, Headwaters at Incarnate Word, an Earth care ministry protecting and enhancing the headwaters of the San Antonio River, UIW and The Village at Incarnate Word, where elders, both lay and religious men and women are provided with a safe, spiritually rich environment to continue to grow in the image and likeness of God.

On New Year's Eve 2017, Pope Francis proclaimed, "a *sense of gratitude*, [is] a unique human response worthy of the immense Gift of God. A heartrending gratitude which, beginning from the contemplation of that Child swaddled and laid in a manger, extends to everything and to everyone, to the entire world. In this atmosphere created by the Holy Spirit, we raise to God the *thanksgiving for the year that is coming to an end*, acknowledging that all good is his gift."

In the atmosphere of our 2019 Champagne and Shamrock Gala, we raise to God thanksgiving for all that has been done in preparation and for our honorees who have responded to the call and grace of the Holy Spirit.

2019

Board of Trustees

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- Sr. Cindy Stacy, CCVI
- Sr. Kathleen Reynolds, CCVI
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OUR MISSION

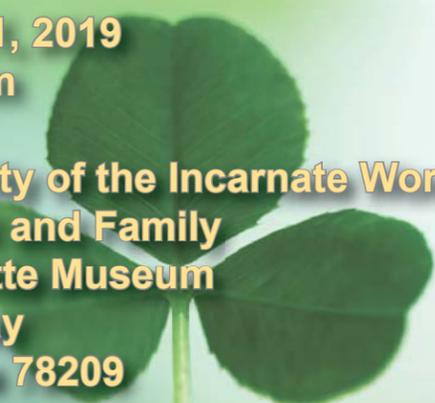
is to extend the healing ministry of Jesus Christ to all those we serve. Our commitment is to show respect for the whole person at every stage of life focusing on the unique needs of older adults. We provide a continuum of care, housing and services while offering compassion, comfort, and opportunities for spiritual growth.



Remember to Save-the-Date!

2019 Champagne and Shamrock Gala

Thursday, March 21, 2019
6:30 – 9:30 pm
Honoring
The Congregation of Sisters of Charity of the Incarnate Word
and Rosemary Kowalski and Family
Mays Family Center, Witte Museum
3801 Broadway
San Antonio, Texas 78209



Consider the impact of donating

By Roland G. Mazuca

Development Director

The Village at Incarnate Word raises money for its various charitable ministries. They are: Project Elder Help, in-home personal assistance to the elderly; the CCVI Legacy Fund, a charitable rent subsidy for residents in need; and the Connections program.

The Village's community outreach through Connections may not be as well-known as the other ministries. However, we have developed long standing programs and partnerships with Bexar Area Agency on Aging and the Alamo Caregiver Support Coalition, of which Connections coordinator Debbie Mendez is a founding member. These partnerships have led to an active involvement in providing support and training to unpaid family caregivers in the greater San Antonio area.

Programs directly hosted at The Village are:

- The Powerful Tools for Caregivers

program, which is a six-week series of classes designed to empower family caregivers of older adults and those with chronic illness to take better care of themselves. These free classes address the emotional issues of caregiving, and The Village offers free on-site care for loved ones in an adjoining room, if needed. The care is provided by Sisters Care at The Village, our in-home non-medical personal assistance service.

- The Care for Caregiver program is the most recently added program initiated through a grant from the San Antonio Area Foundation. This program addresses the needs and wellbeing of family caregivers by providing up to 16 hours of respite care annually. It allows the caregiver "time-off" from caregiving responsibilities to address personal matters, get some rest and reconnect with others. Educational material is also provided to direct them to local resources and training in conjunction with Village

partners as well as printed checklists to help guide them in their caregiving journey.

- Connections also offers many free to low cost wellness classes such as water aerobics, dance, drumming, the Eastern healing arts of Qigong, Tai Chi and Yoga, art media, games, group support meetings, and the OASIS lecture series.

On an annual basis The Village also supports the Bexar AAA's Grand Families Raising Grandchildren program. These grand families find themselves raising relative's children due to the inability of the parents.

We help by supplying backpacks for each child, which relieves the family of this expense.

In addition, one quarter of the proceeds of our "Second Blessings Thrift Shop" goes to support a sister ministry: The Headwaters at Incarnate Word, Visitation House, Women's Global Connections and St. James Hospice



Grandchildren show a grateful grandmother their backpacks donated by The Village at Incarnate Word. Nearly 1,000 packs have been distributed over the past three years.

in Peru as well as helps fund the backpack program.

Your unrestricted donations go to supporting all our charitable efforts. Contact Roland G. Mazuca, Development Director, or Jennifer Sotello, Donor relations Coordinator, at 210-829-7561 for more information.

Notable Passing

Sr. Margaret Carew, CCVI, dedicated the first part of her life to the Sisters of Charity of the Incarnate Word congregational education ministry. Sometime in the early 1970's Sr. Margaret felt God's call to minister to and advocate for prisoners in Bexar County; she did so for over 40 years. She served as Chaplain and Catholic Program Coordinator in the Bexar County Detention Ministry until her retirement, and then volunteered there for another 10 years.

In 2014 she published her book "Faith Opens

Jail Doors," recounting many of her experiences in the jail ministry and dedicated the proceeds from the sale of her book to the CCVI Legacy Fund. She donated over \$17,000.

Sr. Margaret is survived and dearly missed by her nieces and nephews in Ireland and the U.S., by the Sisters of Charity of the Incarnate Word and residents of The Village.



1930- 2018

You're invited...

We invite you to join us for our upcoming community events! Bring a friend!



Friday, February 8 – Cowboy Breakfast

8:00 a.m. – CHRISTUS Heritage Hall at The Village at Incarnate Word

Y'all are invited to our Cowboy Breakfast! Enjoy a country breakfast, fellowship, door prizes and entertainment by Cactus Country Trio and champion fiddler, Regina Matthews! Country Western attire is encouraged. RSVP ya here to 210-829-7561, ext. 114 by February 4. Free!

Tuesday, February 12 – OASIS Series: Historic Photos of San Antonio

1:00-2:30 p.m. - CHRISTUS Heritage Hall at The Village at Incarnate Word

See San Antonio's built environment grow from a frontier town to a major city through a series of photographs from 1868 to 1968. Kindly RSVP to 210-829-7561, ext. 162. Refreshments will be served. Free!



Tuesday, March 5 – Mardi Gras Party

3 p.m. – CHRISTUS Heritage Hall at The Village at Incarnate Word

Celebrate Mardi Gras with us as we enjoy a festive, fun-filled party. Let the good times roll with an afternoon of entertainment, dancin', feathers and masks! Complimentary

beads for everyone! Festive attire is encouraged. Kindly RSVP to 210-829-7561, ext. 114. Refreshments will be served. Free!

Tuesday, March 26 – OASIS Series: Pope Francis

1:00-2:30 p.m. – CHRISTUS Heritage Hall at The Village at Incarnate Word

Pope Francis, also known as Jorge Mario Bergoglio, was named the Roman Catholic Church's newest pope in 2013. We will view and discuss "The Pope from the New World" which unveils the personality, passion and extraordinary faith of the new Pope. Come learn more about who he is and what he means to the church. Kindly RSVP to 210-829-7561, ext. 162. Refreshments will be served. Free!

Tuesday, April 9 – OASIS Series: Uppity Women of Medieval Times

1:00-2:30 p.m. - CHRISTUS Heritage Hall at The Village at Incarnate Word

What were medieval women doing while medieval men were strutting their stuff and swaggering around the countryside? Let's discuss Uppity Women of Medieval Times. Kindly RSVP to 210-829-7561, ext. 162. Refreshments will be served. Free!



Tuesday, April 23 – Fiesta at The Village!

1 – 3 p.m. – Dubuis House Courtyard and Angelique House Porte-Cochere

Enjoy an afternoon of Fiesta festivities throughout the community! Stop by the Dubuis House Courtyard to enjoy a complimentary refreshing margarita, chalupa, tacos, nachos and enjoy the entertainment. The mariachi troupe will help us welcome El Rey Feo! Head over to Angelique House where the Connections Folklorico dancers will demonstrate a lovely, traditional style of dance originating from Spain. Enjoy sausage-on-a-stick and other Fiesta treats. Fiesta attire is encouraged! For more information, please call 210-829-7561, ext. 114. Free!

THE NATIONAL DAY OF PRAYER | MAY 2, 2019

★ PRAY FOR AMERICA ★

LOVE ONE ANOTHER

LOVE ONE ANOTHER. JUST AS I HAVE LOVED YOU JOHN 13:34

Thursday, May 2 – National Day of Prayer

10:45 a.m. – Main Dining Room at The Village at Incarnate Word

Join us as we come together with a spirit of hope that individuals, churches, and spiritual leaders in America, will humble ourselves and unify in prevailing prayer for the next great move of God in America. Free!

A Second Blessing Resale Shoppe sale dates:

Thursday, February 28

Friday, March 29

Tuesday, April 30

9 a.m. – 2 p.m. – Angelique House, Basement Level at The Village at Incarnate Word

Cash only. Proceeds benefit the Spiritual Life

Department at The Village and each quarter a sponsored ministry of the Sisters of Charity of the Incarnate Word receives 25% of the sale proceeds. To donate or to learn more, please contact Alma Cosme at 210-829-7561, ext. 114.



A Second Blessing

To learn more about our events and activities or to receive a personal calendar, please contact Alma Cosme at 210-829-7561, ext. 114 or by email at alma.cosme@iwretire.org.

Living The Village way

By Jeanette Eisenmenger
Resident Services Director/
COO

“Do not be afraid; for behold, I bring you good news of a great joy which shall be for all the people; for today in the city of David there has been born for you a Savior, who is Christ the Lord” (Luke 2:10-11).

The true joy of Christmas is Jesus Christ! Every Christmas season we are blessed to have so many community organizations reach out and bring joy to older adults, bringing the true meaning of Christmas to others. While these generous people could be with their families, shopping or partying, they spend time bringing the gift of talent and presence to others.

Some of the visiting groups this holiday season were Paws for Service, with pets wearing holiday costumes which brought laughter and joy to our residents, Serna and Woodridge Elementary Schools choirs and band, the beautiful Alamo Heights High School String Orchestra, choirs from several area churches and many others.

Looking forward to the New Year, we continue to focus on wellness and spirituality. Living a long life is a beautiful gift,



Celebrating the feast day of Our Lady of Guadalupe is one of the many activities the local community helps bring to life for Village residents.

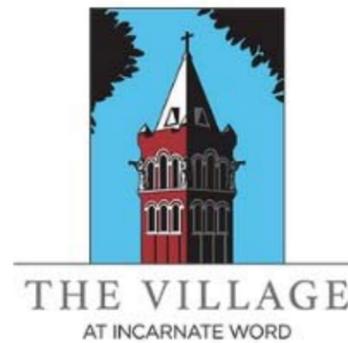
yet at the same time situations may lead older adults into lonely environments causing a sense of isolation. Living in an enriched spiritual community offers opportunities to cultivate new relationships and engage in new opportunities. Realizing spirituality is a vital part of each person, in addition to offering daily Mass in two chapels, reconciliation and other sacraments, we provide transportation to area Sunday services for those of other faiths. Our spiritual staff – Fr. Jim Rutkowski, Therese Pieniazek and Sister Shirley Vaughn – strives to meet the needs of our residents and their families.

Engaging in social activities

and group events while learning new skills helps older adults connect with new friends and promotes physical and mental health.

We offer many opportunities to meet others with our daily exercise programs and water aerobics in our heated pool. Exercising the body and meeting others are important ways to keep one’s mind active and sharp in addition to promoting physical, and emotional health. Some of our residents take Spanish and/or painting classes, join book clubs, learn about environmental issues, all of which stimulate brain health.

This is The Village way – rich in tradition, devoted to care, and together in community!



Great savings with The Village at Incarnate Word Move-In Specials

Make the move easier when you take advantage of our special offers for new residents. Rest assured knowing that your loved one is receiving compassionate care in a spiritually enriched environment. Call today to learn more!



Limited time offer!

Contact us today at (210) 829-7561





Ireland's Ambassador to the United States, Daniel Mulhall, honored centurion Sr. Margaret Mary Daly.



Village residents enjoy an outing to watch the UIW synchronized swim team (above) while others get into the spirit of Halloween (left).



Dr. James Lowry is recognized during the Veteran's Day ceremony (above). Resident carolers perform during the annual Christmas dinner (left).

Volunteers bring cheer and joy all year long

By Fernando E. Sorolla-Delgado
 Director of Volunteers and
 Assistant Director of Resident
 Services

As we begin 2019, having experienced a holiday season filled with the cheer and joy of family gatherings, good company, festivities and restful times, I cannot stop thinking of how much of that cheer and joy was brought about by our volunteers and their giving of time and talents, not only over the holiday season, but throughout the year. Moreover, I look forward to working with our volunteers – present and new comers – in activities, events and endeavors throughout this year that will continue to add cheer and joy to our residents, making a difference in their lives.

So, whether our volunteers came on the first Saturday of December to help us deck our halls, or will come to our Fiesta Field Day in the spring, or simply came to sing carols with our residents or engage them through learning presentations. Whether they send us greeting cards and visit with our infirm residents or will help us to keep our Noah's Cart and Second Blessing Resale Shoppe open throughout the year. Or they may teach a Connections class or assist us at our countless functions and events. Without a doubt, their presence brought – and will continue to bring – cheer and joy throughout the year making the Incarnate Word real and present to others and helping us to advance our mission.

More importantly, their giving of time and talents helps us to connect – to engage – with our community at large, with other



sponsored ministries of the Sisters of Charity of the Incarnate Word and with local schools and organizations. Furthermore, it gives opportunities not only to our own residents but also to our dedicated staff to offer their time and talents, their wisdom and wittiness, their joy, enthusiasm and pride when the need arises as they all give back to the community and help to spread that joy and cheer.

So, as we begin another year of "extending the healing ministry of Jesus Christ to all those we serve," I invite you, as I do every year, to consider offering your time and talents here in our community. I invite you to share this information with your friends and family, especially with students who may need service hours. And, I encourage you to become involved as a volunteer so that together we can bring cheer and joy throughout the year.

Call 210-829-7561, Ext. 943 for more information.

New Year – New Goals

By Andrea Tercero MS, LMT
Certified Fitness Instructor

The new year has taken off as fitness classes begin to get filled, and new faces with determination show up both in group exercise classes and in individual training. People are acting on their decisions for a healthier active lifestyle. Generally, this is new year's resolutions for a new year.

For me, this year is not to resolve into the new year, but to have new goals for the new year for you. Goals that will improve or maintain your ability of independence.

It can become overwhelming - the changes one must *plan* and the *new goals* one must *act* on to achieve newness *in wellness and fitness*. Change is not easy, but it is possible and can be successful. Not knowing how can be challenging. Forming a necessary core of

central importance that encompass change – what I refer to as *strategies* – is important. Such strategies are: check with your doctor before starting any exercise program, know



The Village residents engage in flexibility training during group exercise.

what you want to accomplish, be realistic, be positive, simplify, reinforce the change, identify what works for you, enjoy the new strategies, gradually approximate change, admire the outcome and reward yourself.

Along with strategies for new goals for the new year, thorough information and consistent application is necessary to improve or maintain your independence. To know more is to do better. And knowing more about the strategies and the components of fitness and wellness

allows the individual training to control the process of the new goals such as exercise execution and repetition – “listen to your body.”

With the explosion of the many different types of group exercise classes here at The Village at Incarnate Word, the two basic types of training offered are personal training (guiding individuals to achieve their health-fitness and performance goals), and group exercise which includes basic components of health-fitness

(cardiorespiratory conditioning, core conditioning, strength and endurance conditioning, and flexibility conditioning).

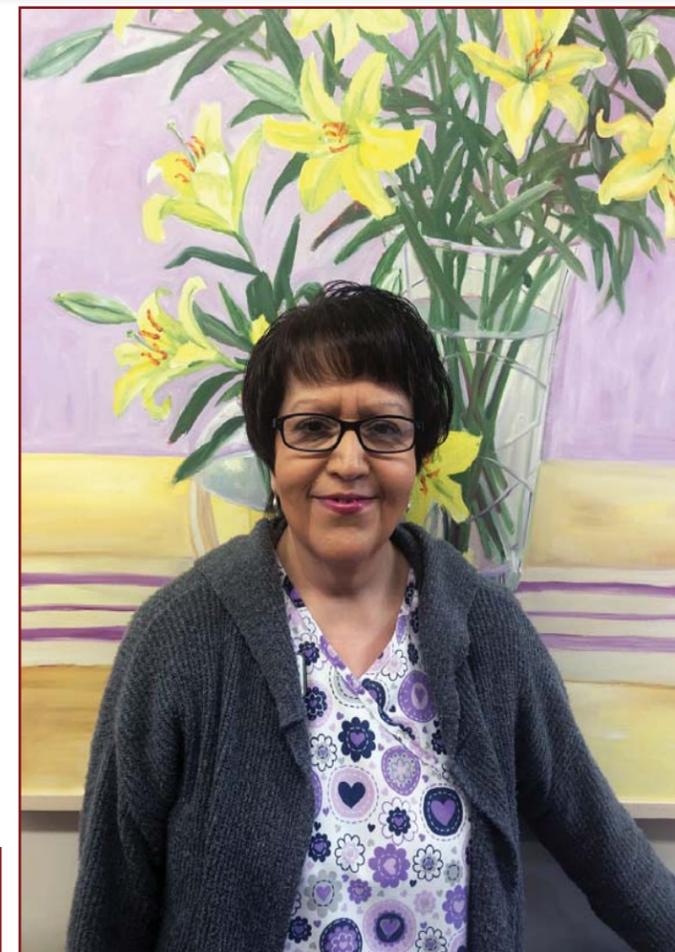
By engaging in exercise, you will have more insight on how your muscles work for your body and understand that movement equals independence. It's early into the new year, so let's get started.

2018 Employee of the Year

Mary Ann Rodriguez was named Employee of the Year 2018 during the Employee Service Awards and Christmas Party held Dec. 14.

Mary Ann is the medical support clerk in DeMatel House. She has been a faithful employee of The Village for 11 years. Mary Ann is a certified nurse assistant and was promoted to medical support clerk in August 2017. Her primary duty is the coordination of the staffing schedule.

We are blessed to have Mary Ann as a part of The Village Team.



Mary Ann Rodriguez
2018 Employee of the Year

Upcoming Events

April – Administration and Pastoral Care Appreciation

Employees of the Month

Nov.



Diana Arriola
Sisters Care

Dec.



Emilio Montenegro
Dietary

Jan.



Natalie Soto
Alphonse House

Part Time Employee of Qtr



Joyce Marshall
Alphonse House

The Village Society

Angelique Circle

(\$5000 and up)
Nancy & Charlie Cheever
Harriette & Chilton †Maverick
Vivian Vance

Dubuis Circle

(\$2500-\$4,999)
Doug Cross

Madeleine Circle

(\$1000-\$2,499)
Lisa Bailey
Sr. Margaret Carew, CCVI †
The Nick D. Carr Family
Lorraine & Jim C. Coleman
Joan Marie Cornelison
Maryanne & Tom Guido
James K. Lowry, M.D.
Shari & Cliff Underwood

Pierre Circle

(\$500-\$999)
Michael J. Avellar
Keith Boone
Marjorie F. Everitt
Mary Alice Garza
Mary A. Jaggard
John Howard
Sharon & Dr. Samuel Mungo

Mary of Jesus Circle

(\$250-\$499)
Anonymous
Virginia & Don Beeler
Raymond Carvajal
Marietta & Col. Louis Dechert †
Alma Garcia- *In memory of*
Sr. Norma Rosa Garcia, CCVI
Louise Hall

In Memory of Sr. Rosa Maria Icaza, CCVI

Darach P. Kilbride
Maria Socorro Ortiz Kypuros
Laura McDonald
Beatrice McGrath
Cheryl McMullan
Jeff & Mary Whiting Puckett
William Shea Jr.
Dana Terracina

Sr. Mary Vincent Circle

(\$120-\$249)
Ann Griffith Ash
William F. Grinnan Jr.
Edna Leal Moon
Maria Nora Olivarez
Sr. Guadalupe Rodriguez, CCVI
Constance Valdez

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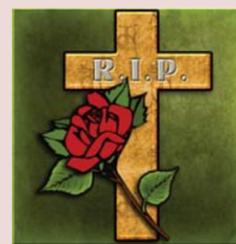
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Colleen O'Connor
Sr. Marceline O'Connell, CCVI
George P. Parker Jr.
Hortense Patterson
Pamela & George Person
Betty Pilgrim
Sr. Rita Prendergast, CCVI

† Deceased (Continued on Page 16)

(Donations reflect all gifts made from June 1 - Dec. 31, 2018.)



In memory of...

Fred Anderson

Nancy & Frank Schweers

Loretta V. Bassett

Jacqueline & Rey Littlefield
Emily & Phil Lockard
The Nissen Family
Celeste & Dave Sengelmann

Sr. Bernard Marie Borgmire

Mr. & Mrs. J.A. Garcia

Elsy Bless

James K. Lowry, M.D.

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James K. Lowry, M.D.

Sr. Margaret Carew CCVI

James K. Lowry, M.D.

Daniel Castilla

Sr. Shirley Vaughn, CCVI

Irene Cosme

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John Davis

Michael Davis

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Heidi Geselle
Katie Jordan
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John & Dolores † Mitchell
Maryanne & Tom Guido
Christine Roberts
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Marjorie F. Everitt

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Sr. Mary Gabriel Landwehr, CCVI

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Lydia Grubbs

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Mary Matthews

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Marie & John Simons

Carol & Kenneth Simons

Emma Simmons

Vicki Thaxton

Shirley C. Vaughn

Lucy Chapman

Sr. Shirley Vaughn, CCVI

Linda Williams

Sr. Shirley Vaughn, CCVI

Lois Yancy

James K. Lowry, M.D.

In honor of...

Sr. Matilda Fagan CCVI

Dr. Ann K. Nauman

Sr. Josefina Finney

Anonymous

W. Patrick Harris

The Family of Jane Watson

Jeannie Kemp

Rachael Camp

Sr. Brigida Smiley, CCVI

Dr. Mary Watson

Sr. Shirley Vaughn, CCVI

Lucy Chapman

Sr. Corine Walsh, CCVI

The Family of Jane Watson

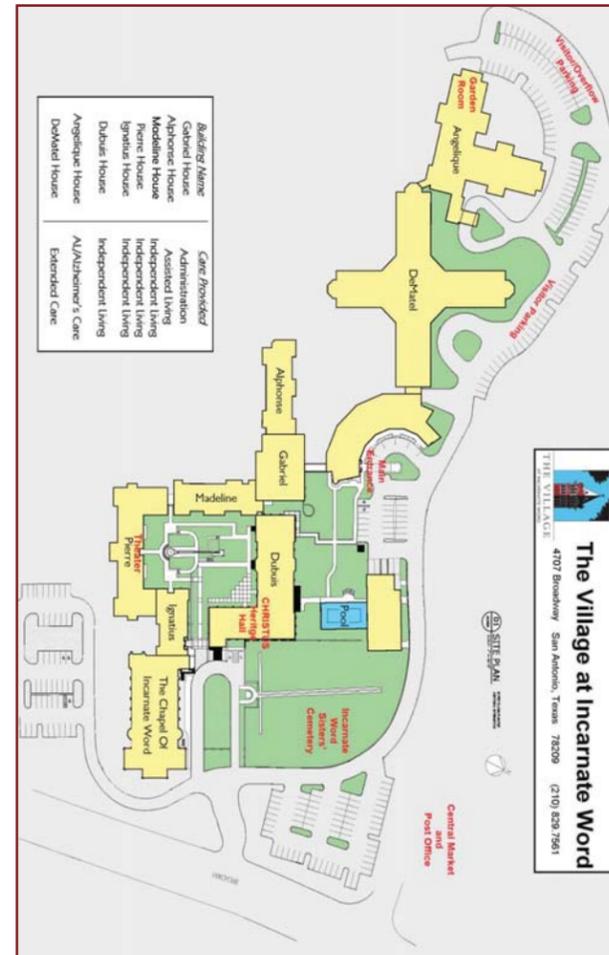
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In Memoriam

(Oct. 31, 2018-Jan. 8, 2019)

The Village at Incarnate Word is grateful for
 the opportunity to have served the following
 individuals:

Dr. Ruth Lofgren
 Bill Murphy
 Mary Kay Gellenbeck
 Mary Sheehey
 Dr. Robert Detrick
 Jennita Poston
 Sr. Margaret Carew
 Sr. Joan Holden
 Ozzie Washington
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